

## PRE-EMPLOYMENT PROGRAMS

- ✦ ABORIGINAL WOMEN IN MINING (AWIM) AND NON-TRADITIONAL TRADES
- ✦ SKILLS LINK - YOUTH
- ✦ INDIGENOUS SKILLS AND EMPLOYMENT TRAINING STRATEGY (ISETS)

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Government of Canada

Canada



*The Four Directions were given to mankind as a way to aid us in finding balance within and with the Earth. For, without balance there is chaos and generally isn't a good path. The Four Directions, being the points of the compass and each having a corresponding colour and totem spirit: O-za-wahn' (yellow) for the East, Mis-skwa' (red) for the South, Muk-a-day (black) for the West, and Wa-bish-ka' (white) for the North – Ojibwe Elder.*



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## Culture, Confidence & Competence

## The Triple 'C' National Training Curriculum

# Culture, Confidence, and Competence

Providing a gateway to a prosperous future

## TECHNICAL & CERTIFICATE TRAINING



### Certificates Include

- ⊕ First Aid/CPR Level C (2 days)
- ⊕ Security Guard Certificate (2 days)
- ⊕ Mental Health First Aid (2 days)
- ⊕ NORCAT – Surface Mining Found. (4 days)
  - ⊗ Surface Miner Common Core
  - ⊗ WHMIS & Occupational Health & Safety
  - ⊗ Confined Space Awareness
  - ⊗ Fall Protection Awareness
  - ⊗ Lockout/Tagout Awareness
  - ⊗ Fall Protection Awareness
  - ⊗ Respiratory Protection Awareness
  - ⊗ Workplace Violence & Harassment
  - ⊗ Transporting Dangerous Goods
  - ⊗ Local Mining Inductions

## Cultural Components



Each day begins with a circle, smudging, drumming singing and learning Ojibwe. The participants create a talking stick together to open and close the group. This allows for sharing our experiences and peer support. Grandmother (Nokomis) Roberta shares cultural teachings with the group including: The Seven Grandfather and Medicine Wheel teachings. Our women also participate in Full Moon ceremonies, cedar foot soaks, the four Sacred Medicine, and additional teachings as requested.

## TOURS & GUEST SPEAKERS

Tours and guest speakers help to expose the participants to different aspect of mining, trades, and related careers.

Tours and guest have included:

- ⊕ Mine tours and work place presentations
- ⊕ 5<sup>th</sup> Wheel Equipment & Training
- ⊕ Mining expos and symposiums
- ⊕ Industry specialists

## PERSONAL & PROFESSIONAL DEVELOPMENT

This is key to the success of the Triple 'C' National Training Curriculum.

This training provides many skills including:

- ⊕ Personal & professional understanding
- ⊕ Learn to manage stress and negativity
- ⊕ Understanding healthy relationships
- ⊕ Creates safe space for support
- ⊕ Set short- and long-term goals
- ⊕ Positive emotional expression
- ⊕ Deepens cultural knowledge
- ⊕ Effective communication
- ⊕ Identify personal values
- ⊕ Career inventory tools
- ⊕ Finance and budgeting
- ⊕ Communication styles
- ⊕ Building confidence
- ⊕ Friendship flowers
- ⊕ Scenario role play
- ⊕ Grief resolution
- ⊕ Peer mentoring
- ⊕ Trust building
- ⊕ Vision boards
- ⊕ Self-worth



## Placements and Employment

- ⊕ Paid work placements
- ⊕ Direct employment links

For more information, contact us at:

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***Our Mandate:***  
***To train, support, and promote Indigenous women, in accessing career opportunities in the mining industry and non-traditional trades.***

**ACCEPTING APPLICATIONS ON AN ON-GOING BASIS**